

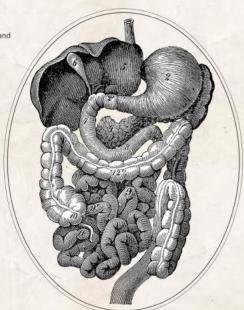
# "TRANSLATING YOUR DIGESTION." ANCIENT REMEDIES PREVIOUSLY LOST IN TIME

Over the centuries, our ancestors have passed down timeless secrets to health. Thanks to these ancient remedies, we have the formula to awaken natural self-healing processes and fully restore digestive health. From high blood pressure and gallstones to chronic fatigue and constipation, these remedies use powerful natural elements to help create long-lasting digestive health.

Find out how you can treat yourself naturally and avoid needing medical care...

#### In this eBook, you'll learn:

- Signs of an unhealthy gut
- \* Is your diet causing digestive problems?
- How stress affects your gut health?
- Sut-brain connection: how does gut health affect your mental health?
- What problems are linked to poor gut health?
- How gut bacteria affect your weight?
- How to overcome heartburn?
- How to prevent stomach bloating?
- ⇔ How to improve leaky gut?
- Key herbs and spices for good metabolism
- Superfoods for gut health
- \* Tips to improve your gut health



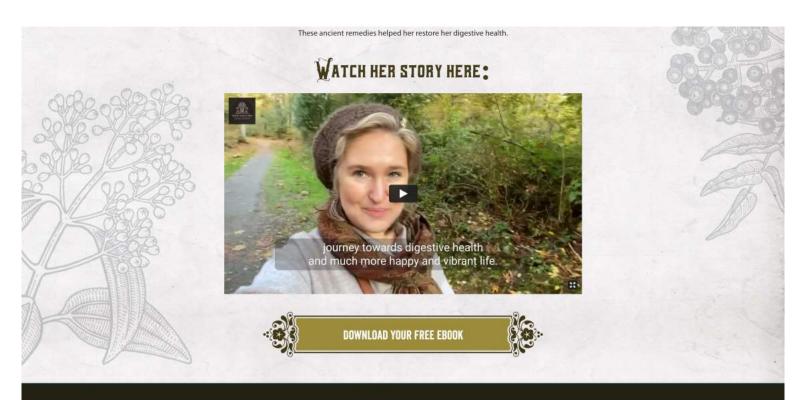
#### ARE YOU READY TO FEEL HEALTHIER, STRONGER, AND HAPPIER?



#### FROM FETAL POSITION TO FULL LIFE

Having been diagnosed with Biliary colic, the founder of Middle World Herbs wanted to avoid having surgery at all costs. After endless doctor visits, medical tests, and failed treatments, she sought more alternative ways to manage her gallbladder and liver challenges.

She went on a long journey of trial and error until she discovered ancient remedies that have been used for centuries as an effective way to manage gastrointestinal issues.

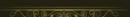


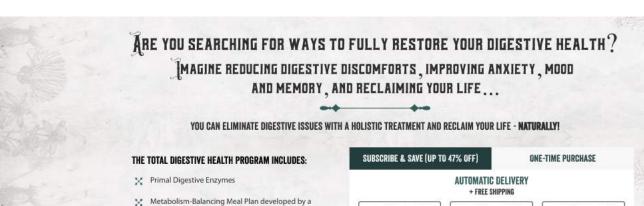
Our products are not intended to be used as an alternative to surgery should it be deemed necessary by a medical professional, nor do they diagnose, treat, cure, or preven any disease. If you are pregnant, nursing, taking medication, have a medical condition, or are under the age of 18, consult your physician before using our products.

Immediately discontinue use and consult your physician if you experience any adverse reaction to our products.

support@middleworldherbs.com 🛂 425 200 503

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- Metabolism-Balancing Meal Plan developed by licensed nutritionist \$59.99 FREE
- Access to the Middle World Family Membership where you can get professional guidance from 3 licenced experts (nutritionist, psychologist and fitness instructor) - FREE for first 200 active
- Access to the Membership Area with resources and bonuses \$199
- X Shipping



\$25 89 EACH 542.99 MSRP YOU SAVE \$102 + FREE SHIPPING

ADD TO ORDER

30 90FF SELLER
3 BOTTLES EVERY 3 MONTHS
\$29 EACH
542-99 MSRP
YOU SAVE \$39
+ FREE SHIPPING
ADD TO ORDER





#### MY PATH LEAD THROUGH ENDLESS AISLES OF Supplement Stores...

...And through the maze of formulas with ingredients of questionable origin and purity.

So many 'trial and error' experiments on myself!.
Did you know that at one point I was taking 5 pills in a morning before the meal, then drinking rather disgusting tea after breakfast followed by in-between meal drops and next set of supplements with lunch?

In fact, Middle World Herbs Digestive Supplements I am putting in your hands were born from months and months of biohacking experiments I ran on myself.

If you are on the same journey, tired with so many ineffective supplements, confused about what works and what doesn't, then you need to hear my story.



I want to share with you the discovery that helped me tip the odds for restoring my digestive health and ultimately turn the downward spiral of worsening pain and aggravating digestive issues into a complete rebound of my health and vitality!

Click Play to listen to my story.



You don't deserve to lose days of your life to bloating, gas, acid reflux, heartburn, constipation, or diarrhea.

Where Western medicines temporarily relieve the symptoms of gastrointestinal issues, they fail to address the underlying cause and carry the risk of

These problems then reach a point where they develop into more serious or chronic conditions like chronic diarrhea or constipation, gastroenteritis, biliary colic, irritable bowel syndrome, or Crohn's disease. They are assisted by chronic fatigue, depression, slow metabolism, and inability to lose



side effects. Often, this means your digestive issue keeps progressing in the background...

weight.

But here's the thing:

You don't need to bounce between different types of treatment to find the right approach because we already have access to another kind of treatment.

#### A PRIMAL, NATURAL REMEDY...

Primal Digestive Enzymes are at the core of the Middle World Herbs Digestive Health Program. These enzymes help break down food into nutrients and aid the processing of hard to digest foods. Doing so provides relief for gastrointestinal issues like bloating, gas, acid reflux, heartburn, constipation, and

Containing the trademarked Makzyme-Pro<sup>™</sup> enzyme blend, Primal Digestive Enzymes has been specifically formulated for those who consistently experience indigestion or irregularities that cause discomfort and other health problems.

They are fortified with scientifically effective probiotics to maximize digestive function. This combination of enzymes and probiotics covers all aspects of your diet to ease the load on your digestive system.





**GET MY ENZYMES PROGRAM** 





# WHAT ARE PRIMAL DIGESTIVE ENZYMES MADE OF?



Highly active substances called enzymes play an amazing role in digestion. Enzymes are produced by the body to help completely break down food for proper absorption and are critical to all life processes. Without enzymes, life could not exist.

Unfortunately, the body's ability to produce enzymes declines with age, poor food choices, and a sedentary lifestyle. The more cooked food we consume, the sooner the body's capacity to make enzymes deteriorates.

In addition, the body's ability to produce enzymes can diminish dramatically with stress, illness, and exposure to toxic chemicals. With good digestion, the body can destroy harmful organisms, reduce blood cholesterol, reduce blood glucose levels, and improve mineral absorption. However, in poor digestion, incompletely digested food particles can lead to chronic illness, constipation, joint pain, diarrhea, allergies, fatigue, mood swings, rashes, and irritable bowel syndrome.

Our Primal Digestive Enzymes contain a unique and powerful combination of enzymes that assist the digestion of different foods:

#### **Supplement Facts**

Serving Size: 1 Veggie Capsule Servings Per Container: 60

#### Amount Per Serving %DV

2500 HUT/400mg

Comprehensive Enzyme Blend: Fungal Protease from Aspergillus oryzae Lactobacillus acidophilus

Lactobacillus casei

Lactobacillus plantarum

With the following enzyme activity:

Protein Specific Enzymes 90 GDU\*\*

2670 TU\*\* Fat Specific Enzymes

1500 FIP\*\* Fungal Lipase

Sugar Specific Enzyme

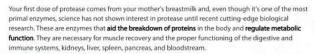
Fungal Lactase Alpha Galactosidase Daily Value (DV) not established

Other Ingredients: Cellulose (Vegetable Capsule), Vegetable

# PROTEINS

The following enzymes assist in breaking down hard to digest proteins:

#### PROTEASE



#### **BROMELAIN**

Bromelain is a group of enzymes found in the fruit and stem of the pineapple plant. Historically, natives of Central and South America used pineapple for a variety of ailments, such as digestive disorders. Besides its use for digestive problems, it also reduces pain and swelling and is also being used to treat osteoarthritis, cancer, and muscle soreness.

This proteolytic enzyme is derived from the milky substance that leaks from the peel of the papaya. It breaks down the large peptides found in protein-rich foods into smaller amino acid building blocks. It is a fantastic digestive aid and is also used in cancer prevention treatment for its ability to potentially dissolve cancerous cells' protective coating.

# FATS

The enzyme formulation also includes lipase, an enzyme which helps to break down hard to digest fats:



Lipase is an enzyme that improves the use of bile and splits fats to be absorbed by the intestines. As such, it is crucial for proper fat digestion and is an excellent natural gallbladder remedy. These enzymes can improve IBS, cystic fibrosis, Celiac Disease, and maintain healthy cholesterol levels and cardiovascular health. It boosts nutrient absorption and supports weight loss.

# CARBS AND SUGARS

The processing of hard to digest carbs and sugars is also assisted by an enzyme known as alpha galactosidase:



#### **ALPHA GALACTOSIDASE**

Many organs in your body need to secrete mucus to function properly. Examples include your stomach, small intestine, and airways in the lungs. Cells lining these body cavities secrete galactosidase, which helps the **production of smooth mucus** which helps protect your stomach lining and supports organs like the stomach, small intensive, and airways in the lungs.

## MAIRY

The enzyme blend in Primal Digestive Enzymes also contains lactase, which helps to break down hard to digest dairy foods:



#### LACTAS

The gradual decline in our ability to produce lactase after early childhood is a very common human trait. Around 70% of the world's population is lactase deficient. By taking supplements containing lactase, you can improve key gastrointestinal symptoms, especially gas.

To increase the efficacy of these enzymes, Primal Digestive Enzymes also contains a unique mix of probiotics. This includes **lactobacillus acidophilus**, **lactobacillus casei**, and **lactobacillus Plantarum**, which help decrease cholesterol levels, break down starches, fight off disease-causing bacteria, and help your body to produce vitamins and promote weight loss.



# WHAT'S DIFFERENT ABOUT OUR METABOLISM BALANCING MEAL PLAN?

# METABOLISM BALANCING MEAL PLAN REGULAR PRICE \$59.99/WEEK

Developed by our own licensed nutritionist, the Metabolism-Balancing Meal Plan focuses on regulating blood sugar, decreasing inflammation, and positively influencing your gallbladder and liver function through healthy eating.

It was specifically made for people who experience digestive discomfort, gallbladder, and liver issues or have recently had their gallbladder removed. Containing both healthy and delicious meals on the go as well as larger batch meals, these meals are low in saturated fats and include important healthy fats.







# GET PERSONAL ANSWERS TO YOUR QUESTIONS FROM THREE LICENSED EXPERTS IN THE MIDDLE WORLD FAMILY GROUP

MIDDLE WORLD FAMILY MEMBERSHIP FEE - FOR FIRST 200 MEMBERS

Instead of booking an appointment with a nutritionist, another one with a psychologist, as well as scheduling a session with a fitness instructor, ask the same questions and receive personal attention, answers, and guidance from our three licensed experts in the Middle World Family Facebook group. Here you can ask all your specific questions without the hassle of office visits and insurance bills.

You're able to engage with others who experience digestive issues and ask any questions you have either about the program or

This friendly, compassionate, and supportive community is committed to helping you remove all roadblocks on your path to restore and maintain digestive health. Our team is made up of:



#### EVA CHANG RESEARCHER

Founder of Middle World Herbs, and your fellow traveler on the journey to happier and healthier you



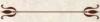
#### **ASK ME ABOUT**

Natural Remedies for Digestive



#### DR. MARGO RAFAEL **PSYCHOLOGIST**

Clinical psychologist and the author of our Guided Visualization program.



#### ASK ME ABOUT

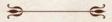
Overcoming Habits and Power of Mind



# TESS COLLINS

FITNESS INSTRUCTOR

Functional fitness instructor and author of our Vitality Bundle (Yoga, QiGong, and Acupressure self-massage.)



#### **ASK ME ABOUT**

Energy Flows and Mindful Body Movement



# AMBER AREVALOS

NUTRITIONIST

Licensed nutritionist and author of our Eating Rhythm Method and Metabolism Balancing Meal Plan.



#### **ASK ME ABOUT**

Food Choices, Recipes and Digestion



GET YOUR ENZYMES AND JOIN THE FAMILY



# BENEFITS OF PRIMAL DIGESTIVE ENZYMES



Total Digestive Health Program targets the root cause of digestive issues, allowing your body to restore and maintain its metabolic balance. But that's not all! As Hippocrates once said, "All disease begins in the gut." A body with a healthy gut will reward you with amazing benefits such as:

- Better Nutrient Absorption
- Leaky Gut Prevention
- Reduced IBS Symptoms
- Clearer Skin
- Less Chronic Fatigue and Pain.
- Less Anxiety, Better Mental Focus & Memory
- Autoimmune Disease Inhibition
- Methylation Support

























**GET MY DIGESTIVE REMEDIES NOW!** 







# PRIMAL DIGESTIVE ENZYMES COME WITH OUR 100% MONEY-BACK GUARANTEE



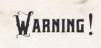
We are so confident in this product and the amazing results you will experience that we want it to be absolutely risk-free for you. If after 30 days you find yourself not completely satisfied, we'll give you your money back – no questions asked. (You will be required to pay for return shipping).

There are absolutely no strings attached, no forms to fill out, and nothing to prove.

IF YOU DON'T LOVE IT- IT'S FREE!







#### THIS OFFER ISN'T GOING TO LAST FOREVER.

Because my partners and I want to ensure every single person gets the attention and interaction they need and deserve to completely overcome their digestive issues, we have limited time available to help and coach people in the Middle World Family group. We can only accept the first 200 people who accept this offer into the group and will stop accepting

You can still get Primal Digestive Enzymes, but you won't be able to get on-demand personal attention from our experts.

# HOW OUR TOTAL DIGESTIVE HEALTH PROGRAM HELPED OTHERS



"I was sick of being the only one who couldn't have this or that. It ruined dating and girl's night for me. Not sure what to expect from Primal Digestive Enzymes, I couldn't stop smiling when I actually showed up at happy hour after months of making excuses."

- AMBER



"It started as a dull pain and gradually became worse. My doctor wasn't sure what was causing it.... I was told the only option was surgery, but I wasn't ready for that. My husband introduced me to Primal Digestive Enzymes and, even though I didn't believe a supplement could help, I now can't imagine my life without it."



"Tired of planning my life around the nearest toilet, I was desperate for a solution when I came across Primal Digestive Enzymes. Now I feel like myself again, and I don't spend more time in the bathroom than at the table anymore!"

- SANDY

- LYNNETTE



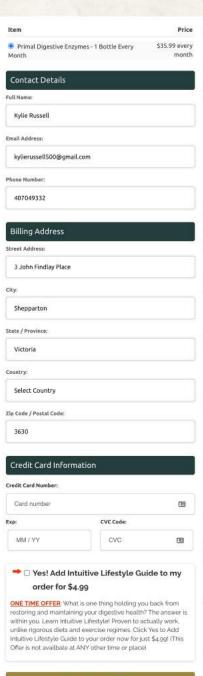
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# PRIMAL DIGESTIVE ENZYMES — SECURE YOUR ORDER NOW



Complete Order

VISA stripe stripe



#### INCLUDED IN YOUR PURCHASE:

- Primal Digestive Enzymes
- Metabolism-Balancing Meal Plan developed by a licensed nutritionist
- Access to the Middle World Family Facebook
   Group where you can get professional guidance
- Access to the Membership Area with additional tools and resources
- Free shipping

"This digestive enzymes had helped me in several ways. They balance your gut flora, help end heartburn, bloating & discomfort, but also improve my immune system & decrease joint inflammation, which cuts down on my pain. Enzymes & probiotics are more important to because your health starts in your gut. I take these along with other similar supplements every day. They're all natural, no side effects."

- Cocoa

"Tired of planning my life around the nearest toilet, I was desperate for a solution when I came across Primal Digestive Enzymes. Now I feel like myself again, and I don't spend more time in the bathroom than at the table anymore!"

- Sandy



#### Money-Back Guarantee

We are so confident in this product and the amazing results you will experience that we want it to be absolutely risk-free for you. If after 30 days you find yourself not completely satisfied, we'll give you your money back – no questions asked. (You will be required to pay for return shipping).

There are absolutely no strings attached, no

forms to fill out, and nothing to prove.

If you don't love it- it's free!



#### Secure Processing

Each order is processed through a secure, 256-bit encrypted payment processing gateway to ensure your privacy.



STEP2: DETUX 40%

YOUR ORDER QUALIFIES FOR THIS AMAZING ONE-TIME OFFER!

## GET UP TO 30% OFF WHEN YOU ADD IT TO YOUR PURCHASE NOW.

THIS WINTER, IMPROVE ENERGY LEVELS, FIGHT SEASONAL ANXIETY, AND OVERCOME CHRONIC FATIGUE. DETOX YOUR BODY AFTER FALL WITH OUR ANCESTRAL LIVER AND GALLBLADDER DETOX!

Speed the recovery of your digestive issues and feel healthier, happier, and more energetic with our Ancestral Liver and Gallbladder Detox.

Containing a **unique blend of 18 healing herbs**, this powerful supplement supports liver function and has detoxifying properties. It is **based on ancient remedies** used for centuries to promote healthy bile flow, ease digestive discomfort, and strengthen and protect the liver.

Ancestral Liver and Gallbladder Detox helps **ease the liver's toxic load** and removes existing toxins that have accumulated over the years. With this lifted toxic load, the liver is restored and can process foods more efficiently.



#### 1 BOTTLE



\$39.99

ADD WINTER DETOX TO MY ORDER

#### 2 BOTTLES



\$39.99 \$34.99 EACH

(13% OFF)

ADD WINTER DETOX TO MY ORDER

#### **2 BOTTLES EVERY SEASON**



\$39.99 \$27.99 EACH

(30% OFF)

ADD WINTER DETOX TO MY ORDER

(By clicking the button above, your card will be charged immediately as an additional charge to your initial purchase.)

No thanks, I don't want this offer now!

# WHAT ARE ANCESTRAL LIVER AND GALLBLADDER DETOX MADE OF?

This natural supplement is **based on timeless secrets to health** that have been passed down by herbalists through generations. It is formulated with a tailored blend of the most powerful herbs to **awaken natural self-healing processes** and help **restore digestive health**.

This includes 18 wonderful herbs that all work in conjunction to create long-lasting digestive health.

#### MILK THISTLE

Promotes cell repair, eases inflammation, and improves symptoms of liver diseases like jaundice, cirrhosis, liver cancer, and fatty liver disease.

#### **₩** BEETROOT

Aids the movement of toxins out of the bloodstream and have anti-inflammatory properties that promote cardiovascular health.

#### ARTICHOKE EXTRACT

Reduces the presence of toxins and facilitates their elimination

#### **Supplement Facts**

Serving Size: 2 Veggie Capsul



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Chicory Root (Gchorium intybus L.)	50 mg	**
Yarrow (Achillea millefolium) (flowers)	50 mg	**
Jujube Fruit Extract (Ziziphus jujuba)	50 mg	**

**Proprietary Blend** 574 mg

a sativa)(herb), Burdock Root (Ara um lappa). Celery Seed (Apium graveolens), Feverfew (Tanacetu parthenium)(aerial), Grape Seed Extract (Vitis vinifera L.), L-Cysteine HCL, Methionine, Yellow Dock (Ruber aispus)(root), N-Acetyl Cysteine, Raspberry Juice Powder (Rubus idaeus)(fruit), Turmeric (Curcuma longa)(root), Berberine HCL (Berberis aristata)(bark), Ginger (Zingiber officinale)(root)

\*\* Daily Value (DV) not established

Other Ingredients: Cellulose (Vegetable Capsule), Rico Flour, Magnesium Stearate (Vegetable), Silicon Dioxid

Regulates the flow of blood to and from the surface, reduces liver inflammation, and treats non-alcoholic fatty liver disease.

Boosts immunity, improves constipation and reduces stress and inflammation caused by free radical damage in the liver.

Reduces cholesterol synthesis by saponins, inhibits the leaking of liver enzymes, and decreases blood glucose.

Reduces the levels of triglycerides and cholesterol, and promotes healthy weight loss.

Helps digestion, facilitates the passing of toxins through the body, and protects cells, the liver, and other organs.

Works against toxin-induced oxidative stress and liver damage as well as treats and prevents migraines,

#### **₩** GRAPE SEED EXTRACT

Reduces high cholesterol, has antioxidant properties and may lower the risk of certain cancers.

#### \* YELLOW DOCK

Cleanses the body of toxins by stimulating the lymphatic system throughout the body and increasing the rate at which harmful pollutants are flushed out.

#### \*\* RASPBERRY JUICE POWDER

Significantly reduces fat build-up in the liver and prevents excess fibrous connective tissue and liver lesions.

#### - TURMERIC

Prevents liver damage by toxins, boosts energy levels, eases arthritic pain, and treats upset stomach.

#### BERBERINE

Improves blood sugar and cholesterol levels, making healthy weight loss easier.

#### - GINGER

Protects against nonalcoholic fatty liver disease and may be used to treat liver fibrosis and parasite damage.

Ancestral Liver and Gallbladder Detox is free of preservatives, binders, artificial flavors, gluten, GMO, sugar, lactose, and yeast.





























#### ADD WINTER DETOX TO MY ORDER

(By clicking the button above, your card will be charged immediately as an additional charge to your initial purchase.)

No thanks, I don't want this offer now!



# HERBAL REMEDY BACKED BY SCIENCE



The powerful formulation of our Ancestral Liver and Gallbladder Detox is endorsed by medical professionals. Discover what biomedical scientist and supplement expert, Dr. Karen Vieira, says about the effectiveness of this supplement:

"Our society is currently faced with pathogens that are unlike anything we have seen in the past, and with all of the dietary supplements that are currently being pushed by different companies, it gets hard to determine which ones will benefit you the most. Primal Digestive Enzymes with Probiotics help maintain healthy levels of digestive enzymes, is safe to take on a daily basis, and also contains probiotics that enhance digestive function.

Together, the digestive enzymes and probiotics in this supplement help your body break down hard to digest foods, reduce the bloating, gas, and discomfort that is associated with certain foods, and helps your digestive tract convert food into energy without leaving behind undigested food that may cause or worsen digestive issues. When taken as directed, this supplement can provide many benefits for years to come."



(By clicking the button above, your card will be charged immediately as an additional charge to your initial purchase.)

No thanks, I don't want this offer now!

Our products are not intended to be used as an alternative to surgery should it be deemed necessary by a medical professional, nor do they diagnose, treat, cure, or prevent any disease. If you are pregnant, nursing, taking medication, have a medical condition, or are under the age of 18, consult your physician before using our products. Immediately discontinue use and consult your physician by you experience any adverse reaction to our products.

support@middleworldherbs.com 2 425 200 5032

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#### WAIT - YOUR ORDER IS NOT COMPLETED YET



TEP1: ORDER

STEP2: DE

STEP3: BOOST

60%

#### YOUR ORDER QUALIFIES FOR THIS AMAZING ONE-TIME OFFER!

## GET UP TO 30% OFF WHEN YOU ADO IT TO YOUR PURCHASE NOW.

# THIS WINTER, ENHANCE NATURAL WEIGHT LOSS, AND SUPPORT YOUR IMMUNE SYSTEM. BOOST YOUR METABOLISM AFTER FALL WITH OUR POWERFUL BERBERINE HCL FORTE SUPPLEMENT!

Promote healthy weight loss and support your immune system with

With a long history of medicinal use in Ayurvedic and Chinese medicine, berberine is a plant compound that activates an enzyme in our cells called adenosine monophosphate-activated protein kinase (AMPK - sometimes referred to as a metabolic master switch). This regulates how energy is produced and used in the body, which helps sugar metabolism, reduces high blood pressure, supports the immune system, and speeds up the metabolism to promote weight loss.

Berberine is an adaptable herb that benefits your body at a molecular level. A study conducted on obese individuals who were given 500mg of berberine three times a day for 12 weeks found an average of 5 pounds weight loss along with a 3.6% reduction in body fat. There was also a decrease in Body Mass Index (BMI) from 31.5 to 27.4.



#### 1 BOTTLE



\$44.97

ADD WINTER METABOLIC BOOST TO My order

# 2 BOTTLES REBERT REBERTE HELL REBERT REBERTE HELL REBERT REBERTE HELL REBERT REBERT REPERTE HELL REBERT REBERT REBERT REPERTE HELL REBERT REBERT REBERT REPERTE HELL REBERT REBERT



(By clicking the button above, your card will be charged immediately as an additional charge to your initial purchase.)

MY ORDER

No thanks, I don't want this offer now!

# THE BENEFITS OF BERBERINE HEL FORTE

Containing Berberis aristata (also known as barberry or tree turmeric), our Berberine supplement is **based on timeless secrets to**health that have been passed down by herbalists through generations. These ancient remedies give you a metabolic boost that
has bountiful health benefits on your immune system, sugar levels, and cardiovascular health.

#### THESE ARE SOME OF THE POSITIVE EFFECTS YOU CAN EXPERIENCE WITH BERBERINE:

\*Based on clinical studies

#### REMARKABLE EFFECTS ON METABOLISM

Once absorbed in your bloodstream, Berberine activates an enzyme called AMP-activated protein kinase. This enzyme stimulates the breakdown of fatty acids inside the liver, helps break down fat to be used for energy, and inhibits the creation of fat.

#### SURPRISING EFFECTS ON BLOOD SUGAR

Berberine has been scientifically proven to help reduce elevated blood sugar in type 2 diabetics and can also reduce cholesterol and triglyceride levels.



Expect better blood sugar control and lower blood insulin levels due to the increased insulin sensitivity caused by Berberine. This reduces the load off your pancreas.

#### **POWERFUL IMPACT ON CHOLESTEROL AND TRIGLYCERIDES**

You can dramatically reduce cholesterol and triglyceride levels with no side effects.

#### COMBATING ABILITIES FOR AGE-RELATED COGNITIVE DECLINE AND MOOD ISSUES

Studies have shown that Berberine positively affects brain activity involved with long-term cognitive health and also protects brain cells. This helps to improve memory function, focus, and concentration.

#### **\*\* HEALING PROPERTIES FOR DIGESTIVE ISSUES**

Frustrating digestive issues will fade away with Berberine. It balances activity in the intestines and provides effective digestive relief, without damaging good intestinal bacteria.

#### \* TURBOCHARGING EFFECTS ON THE IMMUNE SYSTEM

Because Berberine restores your digestive balance, you can experience a cascade of healthful benefits. This includes a boost in resistance, prevention of urinary tract issues, as well as antiviral effects on common problems like a cold.

# SAFEGUARDING ABILITIES FOR LIVER, PANCREAS, AND

With powerful antioxidant and anti-inflammatory properties, Berberine eases oxidative stress and inflammation of the liver, pancreas, and kidneys. It helps to detoxify these organs and give them a much-needed boost.

#### **Supplement Facts**

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving

Berberine HCI (from Berberis Aristata)

\*\* Daily Value (DV) not established

Other Ingredients: Vegetable Cellulose (Capsule), Rice Flour, Vegetable (Magnesium) Stearate.

Berberine HCL. Forte is free of preservatives, binders, artificial flavors, gluten, GMO, sugar, lactose, and corn.



























ADD WINTER METABOLIC BOOST TO MY ORDER

(By clicking the button above, your card will be charged immediately as an additional charge to your initial purchase.) No thanks, I don't want this offer now!



# HERBAL REMEDY BACKED BY SCIENCE



We are proud to use powerful natural ingredients and effective formulations that are endorsed by medical professionals. Here's what Dr. Karen Vieira, a biomedical scientist and supplement expert, has to say about our Berberine supplement:

"Berberine is a powerful herb that is great for people who need a metabolic boost every once in a while. This potent plant supports healthy blood sugar levels, which is particularly beneficial for people with type 2 diabetes. It even promotes lower levels of blood sugar after eating or while fasting by influencing insulin production."









(By clicking the button above, your card will be charged immediately as an additional charge to your initial purchase.)

#### No thanks, I don't want this offer now!

Our products are not intended to be used as an alternative to surgery should it be deemed necessary by a medical professional, nor do they diagnose, treat, cure, or prevent any disease. If you are pregnant, nursing, taking medication, have a medical condition, or are under the age of 18, consult your physician before using our products. Immediately discontinue use and consult your physician if you experience any adverse reaction to our products.

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#### WAIT - WE'RE NOT DONE YET!





#### YOUR ORDER QUALIFIES FOR THIS AMAZING ONE-TIME OFFER!

## URDER NOW AND GET 33% OFF BOTH THE RESOURCES!

#### TAKE ADVANTAGE OF THIS INCREDIBLE ONCE-OFF DEAL TO FORTIFY YOUR HEALING

Welcome ancient wisdom to your holistic plan of restoring and maintaining your digestive health. Use powerful physical practices, trigger point and energy center-based body flows, guided visualizations, and body clock-aligned eating and fasting rhythms.



#### VITALITY BUNDLE

A series of instructional videos designed specifically for people struggling with digestive issues. Discover exact sequences of movements from ancient healing modalities like yoga, Qigong and self-massage that address the liver, gut and gallbladder meridians.

TELL ME MORE



#### **GUIDED VISUALIZATIONS**

A series of therapy session recordings developed by a licensed psychologist. These work on subconscious blocks by addressing the deep-rooted beliefs, fears and thoughts that result in harmful eating habits, anxiety and emotional eating patterns.

TELL ME MORE

# LIMITED-TIME SPECIAL OFFER

GET 33% OFF! FORTIFY YOUR HEALING WITH BOTH POWERFUL MODALITIES ONLY FOR ONLY \$49.60.











YOUR PRICE \$38.41 -





#### **OIGONG ROUTINE**

Video instruction List of poses with additiona



#### **BODY AWARENESS**

- Voice recording of the session
- Prepartion instructions
- Downloadable .mp3 file



#### YOGA FLOW

List of poses with descriptions



#### REPROGRAMMING

- Voice recording of the session Prepartion instructions
- Downloadable .mp3 file



#### SELF MASSAGE

Video instruction



#### **HEALING AND ACCEPTANCE** Voice recording of the session

Prepartion instructions Downloadable .mp3 file

## LIMITED-TIME SPECIAL OFFER

YOUR PRICE FOR BOTH \$49.60 -

Total value for both: Vitality Bundle and Guided Visualizations: \$109.98 both can be yours for only \$49.60!







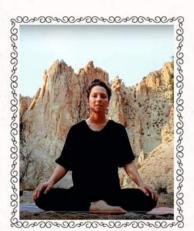


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# VITALITY BUNDLE AMPLIFY HEALING DONE BY MIDDLE WORLD HERBS SUPPLEMENTS WITH TARGETED MOVEMENTS THAT STIMULATE DIGESTIVE ENERGY CENTERS.

Developed by functional fitness and yoga instructor Tess Collins, our Vitality Bundle has been specifically designed to leverage ancient healing modalities that target metabolism, liver, and gallbladder health.



Increase the power of Middle World Herbs' natural remedies by combining them with ancient health practices that help you achieve long-term health. The Vitality Bundle includes:

#### **YOGA FLOWS TARGETED AT METABOLIC HEALTH**

Practice tailored yoga flows that strategically use metabolismfocused poses to improve digestive health. With one flow developed for beginners and another for a more advanced level, both have the same focus and design.

#### **HEALING QIGONG ROUTINES**

Learn a centuries-old body posture and movement system that includes secret, healing moves that specifically address liver and gallbladder health. These routines use focus and awareness to pass energy through these organs to remove blockages and rejuvenate your life.

#### - SELF-MASSAGE

Discover the hidden trigger points and techniques for selfmassage. These trigger points use acupressure for metabolic meridians and support your metabolism.

#### BENEFITS OF THE VITALITY BUNDLE

When practiced consistently, these healing modalities will supercharge your metabolism:

- Increases blood flow to the liver and gallbladder while nourishing the surrounding organs and tissues within the abdominal cavity to promote healing.
- Improves overall energy levels, at the same time calming the mind.
- Enhances the cardiovascular system by getting blood and oxygen flowing freely.
- Stimulates the process of eliminating toxins from the body.
- Relieves emotional stress and mental anxiety.







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# OPEN UP TO THE DEEPEST RESOURCE OF SELF-HEALING - YOUR SUBCONSCIOUSNESS.



Work from the subconscious level of awareness where 80% of our thoughts, actions, and feelings are rooted. Developed by licensed psychologist Dr. Margarida Rafael, these guided visualizations cover three main sections: awareness, reprogramming, and healing.

#### What's included in the Guided Visualization Series?

This series mimics personal therapy sessions and includes three session recordings. Each section builds on the previous, contributing toward a process of body awareness, removal of subconscious blocks, and behavior modification at a deeper level. You can repeat a section as many times as you like before moving onto the next.



#### #1 - AWARENESS

- Notice where in your body you hold tension and how to release it.
- Get to know your body, how it reacts, and what your triggers are.
- Address subconscious blocks related to withholding toxins and anger in a body.
- Eliminate energy blocking of free transformations (from food to energy).
- Reinstate trust in the body's metabolic processes and create space for self-healing.
- Get comfortable with the sessions before moving

#### #2 - REPROGRAMMING

- Focus on changing behaviors like compulsory snacking, eating in a rush, and stress.
- Instill responsible food choices.
- Unearth the subconscious blocks that are causing certain behaviors to be able to move onto session three.



#### #3 - HEALING

- Undergo a more powerful process of healing with deep guided visualizations that can lead to passing gallstones, reducing weight, and easing digestive issues.
- Decrease inflammation in the body.
- Repair internal damage to the liver and digestive system.
- Eliminate digestive discomforts



YOUR PRICE \$38.99



By clicking the button above, your card will be charged immediately as an additional charge to your

# THANK YOU FOR SHOPPING WITH US!



## Please bookmark this page for access and print/save for your records.

#### ✓ YOUR RECEIPT

Product Price

Metabolizm Balancing Meal Plans FREE

Access To Private Group Middle World Family FREE

Membership Site With Surprise Bonuses FREE

Shipping FREE

#### ✓ ACCESS MEMBERS AREA

Click the button below to get <u>INSTANT access</u> to your purchased digital products, as well as all exciting free bonuses



Already have an Account? Login Now

#### ✓ QUESTIONS

☑ Email us at: support@middleworldherbs.com



Congratulations on making a huge step on your journey to a healthier, happier and more vibrant you.

# DON'T KEEP MIDDLE WORLD HERBS A SECRET

There is nothing more rewarding than celebrating YOUR success!

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# SECURE YOUR ORDER NOW

 Vitality Bundle O Guided Visualizations \$49.60 O Vitality Bundle, Guided Visualizations \$44.97 O Berberine - 1 Bottle \$77.34 O Berberine - 2 Bottles O Berberine - 2 Bottles Every Season \$62.96 every 3 O Ancestral Detox - 1 Bottle \$39.99 O Ancestral Detox - 2 Bottles \$69.98 O Ancestral Detox - 2 Bottles Every Season \$55.98 every 3 O Primal Digestive Enzymes - 1 Bottle Every O Primal Digestive Enzymes - 3 Bottles Every \$89.97 every 3 O Primal Digestive Enzymes - 6 Bottles Every \$42.99 O Primal Digestive Enzymes - 1 Bottle O Primal Digestive Enzymes - 3 Bottles O Primal Digestive Enzymes - 6 bottles \$197.94 O Intuitive Eating and Exercise Method

"I was sick of being the only one who couldn't have this or that. It ruined dating and girl's night for me. Not sure what to expect from Primal Digestive Enzymes, I couldn't stop smiling when I actually showed up at happy hour after months of making excuses."

#### - Ambe

"Tired of planning my life around the nearest toilet, I was desperate for a solution when I came across Primal Digestive Enzymes. Now I feel like myself again, and I don't spend more time in the bathroom than at the table anymore!"

- Sandy



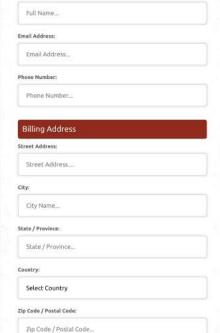
#### Money-Back Guarantee

If you implement EVERYTHING I show you, and don't see a change in your business, I'll refund your money & your travel expenses.



#### Secure Processing

Each order is processed through a secure, 256-bit encrypted payment processing gateway to ensure your privacy.



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HAVE A COUPON CODE? ENTER HERE

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# THANK YOU FOR SUBSCRIBING TO MIDDLE WORLD HERBS

Many e-mail and internet companies are now using programs to block unwanted e-mail, often called spam. Sometimes, however, these programs block e-mail you want to get.

#### TO ENSURE YOU ARE RECEIVING YOUR MIDDLE WORLD HERBS EMAILS DO THE FOLLOWING:

Be sure to add the corresponding Middle World Herbs email addresses to your email white list to ensure the best chance of receiving our content and updates.

A whitelist is a list of accepted e-mail addresses or domain names from which an e-mail blocking program will allow messages to be received properly.

#### WHY IS THIS IMPORTANT?

Unsolicited, unwanted advertising e-mail, commonly known as "spam", has become a big problem. It's reached such proportions that most e-mail services and Internet Service Providers (ISPs) have put some sort of blocking or filtering system in place or begun relying on self-proclaimed blacklists to tell the good guys from the bad.

Middle World Herbs applauds their intention to protect you from spam, but everyone agrees that the current systems for stopping spam are far from a perfect solution. They often block e-mail that you've requested, but that fits somebody's idea of what spam looks like. The more responsible anti-spam activists are working hard to cut down on these "false positives", but in the mean time, you might unexpectedly find you're not getting your subscription's content...

As it happens, there's something you can do to keep your subscription's content from falling into the false positive trap. You can fight the blacklists with a "white-list".

#### WHITE-LIST US NOW, BEFORE YOUR DELIVERY IS INTERRUPTED.

Of course, every e-mail system is different. Below are instructions for some of the more popular ones.

#### GMAIL:

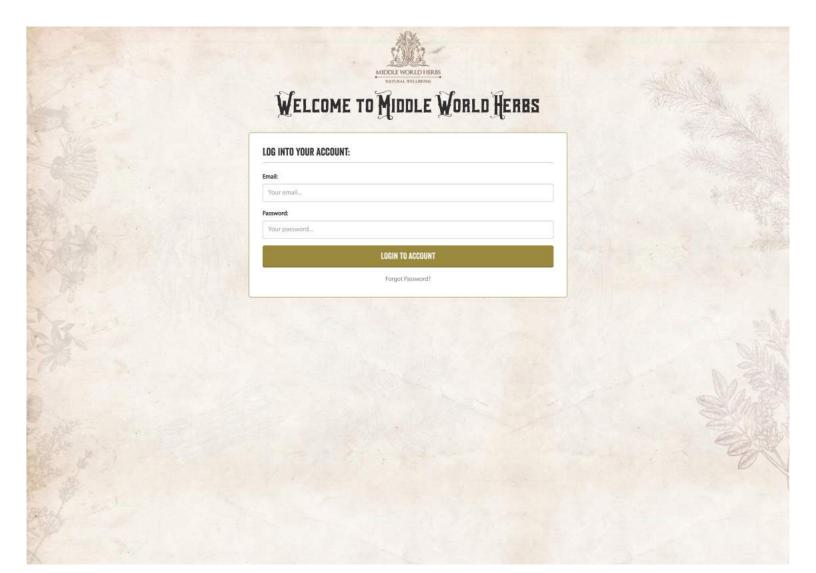
- 1. In your inbox, locate an email from support@middleworldherbs.com (e.g. your order confirmation mail for the product you just signed up for).
- 2. Drag this email to the "primary" tab of your inbox.
- 3. You'll see that our emails will go to your primary folder in the future!

#### HOTMAIL:

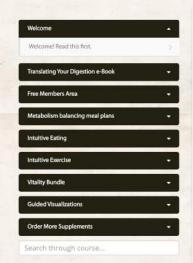
- 1. Go to Contacts, then click on "Safe List"
- 2. Add "support@middleworldherbs.com" to your email safelist.

#### YAHOO! MAIL

When opening an email message, a"+" symbol should display next to From: and the sender's name. Select this and an "Add to contacts" popup should appear. Select "Save":







#### Welcome To The Middle World Family!



Please take a moment to orient yourself in the Membership Area. Here is a few things which I recommend you check out:

If you purchased "Vitality Bundle" or "Guided Visualization" - use left side navigation to go straight there and enjoy your amazing content.

maintaining digestive health- all amazing tools from Total Digestive Health Programs are here for you - you can add any part of the Program to your toolkit any time.

Ready to try seasonal Detox with Ancestral Liver and Gallbladder Detox? Or Boost your Metabolism with Berberine HCL Forte? Go to Order More Supplements at the bottom of the menu.

Starting slow, with just Primal Digestive Enzymes? I have great news for you! There is plenty of useful information in Free Member Area. Check out free Meal Plan, Q&As with our Nutritionist, Psychologist and Fitness Instructor and read more about Intuitive Exercise and Mindful Eating!

You can order more supplements by clicking here

Lastly, but most importantly - remember to join our private Facebook Group: Middle World Family. It's a lovely, supportive community, where we share our experiences, post helpful advice and regularly tap into the experience of our experts. And now YOU are part of the Family, too! We can't wait to meet you inside the Middle World Family Group!

One last step for you to get there, is to request access to Middle World Family by clicking the link below: 'Middle World Family' (I promise - you will need to do that only once).

Please remember to use the same, exact email address which you used to log in to this Membership Area. Otherwise I won't know that you is you, and I won't be able to let you

See you soon!



JOIN MIDDLE WORLD HERBS FAMILY NOW