



## Discover Ancient Asian Healing Remedies That Boost Immunity, Digestion, and Skin Health

Pegaga by PurelyB is a **scientifically proven superfood blend** of nature's **most potent healing herbs** that have been **used for centuries by traditional healers** across Thailand and Malaysia.

### Stop feeling drained by frustrating health issues!

It can be discouraging to deal with health concerns that keep coming back. Does any of the following sound familiar to you?

- Constant constipation, bloating, and poor gut health.
- Painful skin conditions like rashes, acne and eczema.
- Annoying allergies that just won't go away.
- Feeling heavy, lethargic, and tired all the time.
- Stress, anxiety, and an exhausting inability to focus.

You deserve not just to look good but also to **feel good** from the inside out - without having to take harmful pharmaceuticals or countless concoctions.

With Pegaga (gotu kola) as the central ingredient, Pegaga by PurelyB is a superfood blend of traditional remedies like turmeric and papaya leaf that help you **eliminate chronic conditions, optimise overall health, and unlock a healthier, happier you.**



### Pegaga by PurelyB: A natural way to heal and restore the balance between your mind and body



Pegaga by PurelyB is a healing **all-in-one superfood blend** of nature's **most powerful tropical herbs**: Pegaga (Gotu Kola), turmeric leaf, papaya leaf, habbatus sauda, green apples and dates.

These healing herbs have been **used by traditional healers in Asia for centuries**. Known for their **extraordinary effects on healing, beauty, and longevity**, these remedies have been passed down through the generations.

The ingredients in Pegaga by PurelyB are organically harvested in the rural villages where they first gained their reputation as life-changing tonics. The formulation has been **scientifically proven** to have **more robust efficacy and healing properties** for **immunity, skin** and **gut** health than turmeric alone.

**RM99 - 28 servings, 180g**

**BE TRANSFORMED BY PEGAGA**

### Why use Pegaga by PurelyB for health and longevity?

Also referred to as the 'miracle elixir of life' in China, organic antioxidant-rich Pegaga provides incredible health benefits.

Combined with the [unique formulation of healing herbs](#) in Pegaga by PurelyB, it can have life-changing effects on health:



### Improved digestion and detoxification

- Special digestive enzymes help the digestion of foods and results in a healthier gut.
- Fibre and antioxidant-rich green apples and papaya leaves act as a natural digestive aid and detoxifier to prevent constipation, reduce the risk of colon cancer, and lower cholesterol levels.
- Low-GI dates provide your body with sustained energy throughout the day and keep you feeling fuller for longer.



### Optimised immunity and brain functioning

- The blend of easily-absorbed fruits and herbs are rich in vitamins, minerals, antioxidants, and phytonutrients, helping to fight off infections and boost your immune system.
- Pegaga activates the release of brain-derived neurotrophic factor (BDNF) - a protein that enriches your brain, encourages the formation of new brain cells and improves memory and mental cognition.



### Enhanced skin quality and anti-ageing properties

- Rich antioxidants promote skin repair, reduce inflammation, and alleviate skin irritations.
- Essential amino and fatty acids improve the circulation, cell growth, and anti-ageing mechanisms required for optimal skin elasticity and firmness.
- The culmination of these effects results in healthier, smoother, more radiant and youthful-looking skin.

**RM99 - 28 servings, 180g**

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## How to consume Pegaga

Prefer the classic mix-and-drink method or like over-the-top smoothies? Adding nature's most powerful superfood to your daily diet is simple and straightforward:



### MIX IT

Mix one scoop of Pegaga into 200ml of warm water, juice, or any other drink. Add ice for extra refreshment!



### BLEND IT

Add Pegaga into all your favourite smoothie, bowl, or breakfast recipes to kick them up a notch.



### SPRINKLE IT

Dust over salads, toasts, or healthy desserts for the ultimate garnish that adds nourishment and flavour.

### Want the most value from your Pegaga? Keep these tips in mind:

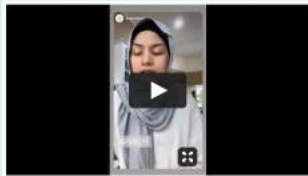
- Consume Pegaga by PurelyB consistently and do not skip days.
- Do not expose the powder to direct heat.
- Do not mix with lime or boiling water.
- Maintain freshness by refrigerating your Pegaga after opening.



## How Pegaga by PurelyB is transforming lives

Hear what our other customers say about how Pegaga by PurelyB has helped them break free from health issues and unlock optimal health.





*"It is refreshing and can be added to any drink you want. My digestion and gut health has been consistently improving and my weight has been maintained."*

**- Lisa Surihani, Malaysian Actress & Celebrity**



*"I didn't have to take anything else, no other supplements and I felt energised. And I actually felt like my skin was glowing. I also lost quite a bit of weight."*

**- Anis Nabillah, Malaysian Celebrity Chef**



*"Pegaga will cleanse, reboot, replenish and upgrade your system from the inside out - especially when it comes to digestion and skin."*

**- Nur Fazura, Malaysian Actress, Singer & Entrepreneur**



*"I saw results almost immediately! It made me feel energised even with lack of sleep nursing my baby... I feel good, my immune system is great, I seldom get sick... my skin is glowing... even better than before. I would recommend this to everyone!"*

**- Ezrin Nik Ismail, Mother & Entrepreneur**



*"Superb... Delicious!"*

**- YBM Dato' Sri Tengku Zafrul Aziz, Minister of Finance Malaysia**

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## The science behind Pegaga by PurelyB

The revolutionary formulation behind Pegaga by PurelyB is proudly created and endorsed by medical experts. [Follow this link](#) to learn about the individual ingredients that are scientifically proven.

*"If you want to put the three most powerful leaves of the tropics together that you can consume and benefit from, absolutely top of the list would be Pegaga (Gotu Kola), Turmeric leaf, and Papaya leaf."*

**- Dr Gerard Bodeker,**

**Oxbridge medical science professor and editor-in-chief of the WHO Global Atlas on Traditional and Complementary Medicine**



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## Preserving ancient Asian wellness traditions for the modern generation



## We're passionate about transformation

In 2015, our CEO and Founder Jesrina Arshad underwent a health transformation journey. By eliminating processed foods and toxic ingredients and adopting a holistically healthy and natural plant-based diet, she was able to overcome frustrating long-term health issues. Inspired by this, Jesrina worked alongside a traditional healer and herbalist and a highly experienced medical scientist to make ancient Asian healing remedies easily available and accessible. In order for more people around the world to benefit from these long-forgotten healing herbs and remedies, they are what make up our PurelyB formulations.



**Raja Jesrina Arshad**  
CEO and Founder

After her own life-changing journey, Jesrina made it her mission to team up with the best health experts to help and empower more people in Asia to adopt healthy lifestyle changes with greater ease and affordability, overcome their health struggles, and live a better quality of life. With numerous awards and accolades, she is passionate about inspiring change and driving women empowerment and entrepreneurship in Asia.

**Hameedah Hamid**  
Traditional healer and herbalist

Renowned local Traditional Malaysian Healer, Herbalist and Bidan (Village Midwife) with 20+ years in practicing Traditional Malay and Ayurvedic wellness remedies and rituals passed down through generations, for healing and preventive care for clients across South-East Asia.



**Dr. Gerard Bodeker**  
Medical scientist

With a background in Doctoral Studies at Harvard University, and a Professor of Medical Sciences at Oxford University as well as Epidemiology at Columbia University, Dr. Bodeker currently serves as senior advisor to a United Nations University project on Asian traditions of nutrition. He has served as chair of the Commonwealth Working Group on Traditional and Complementary Medicine, worked with a number of UN agencies, and is at the forefront of research on traditional and integrative medicine.

"With Pegaga by PurelyB, we've preserved and revived the ancient formulation and preparation of these tropical Asian herbs and remedies in the most optimal Traditional Asian way, so you too can benefit from all their incredible healing properties – just as generations before us have done. Home-grown in Asia, these remedies have changed my life, and so many of our customers – I hope they change yours too!"

- Jesrina Arshad





## Social Impact



### Madhya's Gift Fund Charity

RM5 from every sale is donated to Madhya's Gift fund by Yayasan Chow Kit to provide care for critically-ill children from marginalised communities below the age of 5.

## Order Pegaga by PurelyB now and get these 3 bonus eBooks for free!

Gain the knowledge and guidelines you need to create a sustainable, healthy lifestyle and transform your quality of life with our eBooks on wellness, mindful eating, and detoxing.

## PEGAGA RECIPES

### Want to improve your skin, digestive health, and immunity in just seven days?

Our **Pegaga Recipes** eBook contains a curated collection of easy recipes and actionable steps to give your body a much-deserved wellness boost.

Suitable for vegans and omnivores alike, this eBook makes it easy to incorporate the ancient Asian superfood Pegaga into your diet. Discover easy and delicious recipes that will save you time, nourish your body, and enhance your overall health.

#### In this eBook you will find:

- ✔ 9 Breakfasts and smoothie recipes based on whole, fresh ingredients that use PurelyB's Pegaga superfood blend as a key ingredient.
- ✔ Pro tips for consuming Pegaga superfood in a variety of ways to get optimal health benefits and nutrients.
- ✔ Access to a community of like-minded women where you can share tips,

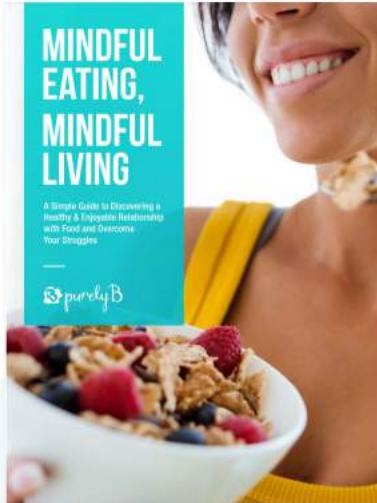


recipes, support, and advice

ORDER PEGAGA NOW AND GET THE EBOOKS FREE



## MINDFUL EATING, MINDFUL LIVING



### Learn to manage food cravings, master emotional eating, and practice mindful eating patterns

The **Mindful Eating, Mindful Living** eBook was designed to help you discover a healthy and enjoyable relationship with food and overcome food struggles for good.

Whether you're new to the concept or you need more guidance to put it into practice, this eBook shares priceless information on mindful eating. Gain a better understanding of mindful eating and learn how tuning into your eating habits can help you tune into your body.

Mindful eating can form the foundation for mindful living, and this eBook is the perfect way to get started. It outlines everything you need to know to be mindful during shifts in your emotional moods, thought patterns, and varying hunger levels and cravings.

#### Developed by:

Practising nutrition consultant Iman Salam. With a Diploma and her Executive Masters in Preventive Health and Nutrition, Iman is a certified health coach and personal trainer. She is also a regular host on DOPS TV and believes the key to success is being mindful of one's well being.

#### In this eBook you will find:

- ✔ A brief introduction to mindful eating
- ✔ The core values to keep in mind when practising mindful eating
- ✔ 5 Easy steps to put mindful eating into practice
- ✔ 6 Factors that contribute to the mindful eating wheel and how to balance them
- ✔ The weekly lifestyle calendar to keep track of your progress

ORDER PEGAGA NOW AND GET THE EBOOKS FREE

## 10-DAY GENTLE DETOX PLAN

With the **10-Day Gentle Detox Plan**, you will discover a step-by-step action plan to detox in a healthy way that is in harmony with your body.

This detox guide offers gentle guidelines for self-guided detoxification. It includes suggested routines, recipes, and advice for an effective detox that enhances your body's ability to heal. With all-natural plant-based recipes, it is suitable for most people and will help you feel better inside and out.

#### In this eBook you will find:

- ✔ Sunrise Turmeric Detox Drink Recipe
- ✔ Power Detox Green Smoothie Recipe
- ✔ Power Detox Green Salad
- ✔ Dinner Meal Plan
- ✔ Daily schedule with timing, exercise, and supplement recommendations
- ✔ List of foods to consume
- ✔ List of foods to avoid



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## Real love from real customers





asrama baru sehingga my metabolisme, gym routine (and ultimately my body). I was recommended to take Pegaga & after being consistent with it for 2 months I've seen increased overall energy, a reduction in cravings for sweets, a higher metabolism & less bloating. I coupled taking Pegaga with regular workouts & dropped almost 4 kgs in 2 months, reduced body fat % & feel a sense of mental clarity! I highly recommend you give Pegaga a try & incorporate it into your fitness routine & diet -- you won't regret it!

- Glenn Tang, Entrepreneur in Southern California



08 August, 9:28 pm

Replied to your story



Only you can see this

I can tell u purelyb pegaga is the best milk booster and I just can't start my day without it now. Tq tq for producing this great product

Thank you dear! We love hearing your experiences! Everything we do is to help improve the health of our customers and community however best we can, with traditional & natural remedies!

Message...



6 likes

nadsuka Good Morning!! New recipe today - 1 ts Pegaga powder + 1 ts ACV + 1 ts honey. The taste? Very balance and super awesome! Jom cergas!!!

## Want to earn money from your love for PurelyB?

Become an empowerment agent, bring good health to the lives of people around you, and earn 20% from every sale you make through family and friends. It's completely free, we provide training, everything is online, and you get the opportunity to earn an additional income. [Click here](#) to sign up.

## So, you loved the way Pegaga transformed your health?

Imagine the life-changing effect it can have for all your friends, followers, and random friend requests who are still stuck popping pills that don't work.

Spread the word and share your Pegaga love - you never know who needs this ancient superfood!

Tag us @PurelyB or use the hashtag #PegagabyPurelyB.



## Frequently Asked Questions

Who can use Pegaga? ⌵

Our product is for men and women above the age of 5. Pegaga by PurelyB is not recommended during pregnancy, but highly beneficial for pre- and post-pregnancy.

Where are your ingredients sourced? ⌵

How long does Pegaga by PurelyB last? ⌵

When will I see results? ⌵

Do you ship internationally? ⌵

RM99 - 28 servings, 180g

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Welcome back! Can I help you with anything?



Qty	Item	Price
1	Dynamically Updated	\$0.00

### STEP 1: CONTACT




### STEP 2: SHIPPING ADDRESS

#### Shipping:






### STEP 3: CREDIT CARD INFO

**Credit Card Number:**  **CVC Code:**

**Expiry Month:**  **Expiry Year:**

**COMPLETE REGISTRATION NOW**



**Pegaga by PurelyB:** A natural way to heal and restore the balance between your mind and body



You deserve not just to look good but also to feel good from the inside out - without having to take harmful pharmaceuticals or countless concoctions.



**Awesome!**

*Jasmine on Oct 04, 2020*

I was looking for a natural product to improve gut health 18 months ago. This was mainly for my son who is diagnosed with ADHD and improving gut health is key. After I read the ingredients of this awesome mix, I decided to purchase it to try and the rest is history. I have been consuming this daily and both my husband and son are also taking it. We have definitely see improvement on our skin, immunity and digestive system. Consuming it with a teaspoon of honey before bedtime gives us quality sleep. It is part of our lives now and we believe it has helped our immunity which is key in the current pandemic. I look forward to have this available in Jakarta as where we are based now. Location does not deter us from taking this as I have my family to send it over from Singapore. Health is wealth and this is indeed a great investment for us.



#### Your Unconditional Money-Back Guarantee

If you implement EVERYTHING I show you, and don't see a change in your business, I'll not only refund you - but even give you \$200 for wasting your time. That's how confident I am!



#### Secure Processing

Each order is processed through a secure, 256-bit encrypted payment processing gateway to ensure your privacy.

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WAIT! Special ONE TIME ONLY Offer

# Discounted 7-Day Wellness Starter Kit

## Congratulations!



You qualify for an exclusive discount on our 7-Day Wellness Starter Kit!

Save 20% when you add a Wellness Starter Kit to your order today. Take advantage of this incredible deal while stocks last!



[Boost My Health In 7 Days](#)

### Want a remarkable boost in health and an easy way to enhance your nutrition?

Improve skin condition, optimise digestive gut health, and support a strong immune system with recipes, meal plans, and superfoods - in just 7 days!

Whether you are just getting started on your journey or you want to optimize your existing healthy lifestyle, our 7-Day Wellness Starter Kit gives you the guidance and information you need. Discover how to easily incorporate Pegaga superfood blend into your daily meals and lifestyle in an enjoyable way.

Developed by qualified experts, this curated virtual 7-day program outlines **actionable steps** you can take to **improve your daily habits** and **overall wellbeing** - without the need to spend thousands on health coaches, personal trainers, and fancy gyms!



### The Starter Kit teaches you:

- Simple, easy, delicious, and affordable ways to clean up your diet and nourish your body.
- How to supercharge energy levels, manage anxiety and stress, improve sleep, and support digestion and immunity.
- How to pick and prepare the right foods to maximize their nutritional value.
- Secret ways to use food to boost your immune system, increase your energy, and cure ailments like skin problems or constipation.
- Highly effective strategies to incorporate nature's most powerful herbs and traditional Asian superfoods (like Pegaga by PurelyB) into your daily lifestyle.
- How to sustain your healthy lifestyle changes even after the 7 days are over.

[Boost My Health In 7 Days](#)

[No thanks, I don't want this offer](#)

### What do I get in the 7-Day Wellness Starter Kit?

From mindful eating and traditional Asian recipes to the do's and don'ts of healthy shopping, the Starter Kit includes essential elements you need to create a healthy, sustainable life:



→ A guide to mindful eating and holistic mindful living for



better health.

- A Healthy Shopping List with do's and don'ts.
- An easy-to-follow 7-day healthy meal plan and delicious recipe book for breakfast, lunch, snacks and dinner for both vegans and meat-eaters.
- 1 x Pegaga by PurelyB Traditional Asian Superfood blend in Starter size (28 servings) + Special Pegaga recipe book to help cleanse and eliminate toxins for better digestion, immunity and skin health.
- Exclusive membership to the PurelyB Go-Tu Wellness Squad - an exclusive community group on Facebook for ongoing support, tips, rewards and inspiration from fellow members and our health experts.

### Boost My Health In 7 Days

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[hello@purelyb.com](mailto:hello@purelyb.com)

Welcome back! Can I help you with anything?





**Wait! We're not done yet!**

One starter size canister of Pegaga by PurelyB lasts 2 weeks. Do you have enough?

LIMITED-TIME OFFER

## Add extra Pegaga by PurelyB to your order and get **10% off!**

Ensure you maintain your progress and continue on your health journey when your current Pegaga runs out.



**Add extra Pegaga and save**

### Make sure you continue to experience Pegaga's life-changing benefits



Rooted in ancient Asian wellness traditions, PurelyB's healing adaptogenic herbal superfood blend is designed to support optimal health and healing. It has bountiful health benefits, from improved gut health, digestion, and optimised immunity to glowing skin and increased energy.

- ✔ Provides essential nutrients and antioxidants.
- ✔ 6 in 1 complete formula passed down through generations in Asia for healing and prevention.
- ✔ A natural aid in digestion, detoxification, and gut health.
- ✔ Improves skin quality, reduces inflammation, and promotes anti-ageing.
- ✔ Optimises the immune system and brain functioning.

But this must-have addition to your diet can run out before you know it...

Don't be caught without Pegaga and have to wait until your next order is delivered!

Take advantage of this limited-time deal and save 10% on extra Pegaga!

**Starter size: RM99 NOW RM89.1**

**Original size: RM169 NOW RM152.1**

**Add extra Pegaga and save**

[No thanks, I don't want this offer](#)

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[hello@purelyb.com](mailto:hello@purelyb.com)





## THANK YOU FOR YOUR ORDER!

Your PurelyB products are on their way! We look forward to hearing how our trusted wellness products have helped transform your quality of life. While you wait, consider sharing PurelyB with your friends?

Product Receipt

Price



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